

OVER 14.000 PATIENT VISITS

The Canterbury Charity Hospital Trust last year celebrated 10 years since it opened its doors in Bishopdale and has clocked up over 14,000 patient visits during that time.

Over those years the hospital has grown from a single day surgery unit in 2007 to a complex of three buildings housing two theatres with recovery wards, consulting rooms, two oral surgery units, an endoscopy unit and education and community meeting rooms.

The hospital's free services include a wide range of surgical procedures (gynaecology, general surgery, orthopaedics, endoscopy, oral surgery), dentistry (for WINZ clients), and counselling (self referral).

To be eligible for free treatment, the patients have been turned down by the public health system, do not have medical insurance and do not have the means to pay for their treatment. They also need a GP referral.

The Trust does not receive any Government funding and relies on fundraising events, donations and bequests to raise the funds required to run its free services.

To donate please complete the form in this issue of Healing Hands or go online at www.charityhospital.org.nz.

Thank you...

The Trustees of the Canterbury Charity Hospital would personally like to thank the following for their generous and much-appreciated support:

Bishopdale-Burnside Rotary, Christchurch Airport Community Fund, Hang Up Entertainment Services, Good in the Hood, JI Urguhart Family Trust, J and M Ferrier Trust, Lois McFarlane Charitable Foundation, Mainland Foundation, Mauger Charitable Foundation, Naylor Love, Pub Charity, Rata Foundation, Robert and Barbara Stewart Charitable Trust, Rangiora Lions, Ron Ball Charitable Trust, SJ Charitable Trust, Southern Trust and St Joans Trust.

And to our local community, our volunteers and everyone else who supports us by making donations, bequests and helping us out.

TESI I would like to support the Canterbury C to help Cantabrians in need.	Charity Hospital OR donate online at www.charityhospital.org.nz
MY DETAILS	I am paying by: Cheque enclosed (payable to Canterbury Charity Hospital Trust)
FIRST	(please circle) Visa Mastercard
SURNAME	Card number
NO / STREET	Expiry date
SUBURB	Name on card
TOWN / CITY	Signature
	Please send me information about including The Canterbury Charity Hospital Trust in my Will. Please do not add me to your mailing list or include me in acknowledgements.
EMAIL	I would like to make a regular gift by automatic payments.
Please find enclosed my gift of: (please circle) \$200 \$100	\$50 \$20 Other \$

AUTUMN / WINTER 2018

CHARITY HOSPITAL WINS **COMMUNITY OF THE YEAR AWARD**

The Canterbury Charity Hospital Trust has been named the Mitre 10 Community of the Year, as part of this year's Kiwibank New Zealander of the Year awards.

The other finalists in the Community of the Year category were Pillars Auckland and the Whangawehi Catchment Management Group from Hawke's Bay.

A team of volunteers from the Charity Hospital attended the New Zealander of the Year awards. presentation in Auckland.

"The Charity Hospital's vision has always been 'by the community – for the community' so we were delighted to win such a prestigious award," said Trust chairman and surgeon Philip Bagshaw.

"Our free services would not be available without our huge community of volunteer specialists who donate time and expertise for patients across Canterbury." Unique in NZ, the unpaid specialists are supported



Pictured at the awards ceremony were (left to right) Peter Pryor, Keith Chiang, Mitre 10 CEO Neil Cowie, Rosie Graham, Jane Shaw, Carl Shaw, Barbara Falloon, Helen Coker, Jeanette Cleminson, Marion Burleigh and Denise May.

Please complete this form and post to the Canterbury Charity Hospital Trust, PO Box 20409, Bishopdale, Christchurch 8543.



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Neil Cowie, CEO of Mitre 10 (left), presents Charity Hospital Executive Carl Shaw with the Community of the Year 2018 award.

by a large number of other volunteers including nurses, technicians, receptionists and fund raisers.

To be nominated for the Community of the Year the Charity Hospital had to show a strong sense of community spirit and play a vital role in enhancing the social, economic, cultural or environmental prosperity of their region.

"It is important to recognise and encourage these groups as their efforts make our communities stronger and more vibrant and promote true community spirit for this and generations to come," said New Zealander of the Year national manager Glyn Taylor.

Carl Shaw, Executive Officer at the Charity Hospital, accepted the award on behalf of the hospital's 300 volunteers.

"We encourage others locally and nationally to pick up the mantle to replicate a similar service in other parts of New Zealand."

BURNHAM DENTISTS VOLUNTEER

A collaboration between the NZ Defence Force (NZDF) and the Charity Hospital might seem an odd relationship but it is working well for the people of Canterbury. NZDF has a team of dentists and dental assistants who are now offering their services for free to provide additional dental clinics at the hospital.

"We saw it as a great opportunity for our young dentists to treat more challenging and interesting patients that would give them a greater experience and knowledge for when they are deployed overseas or in other parts of New Zealand," said Dr Mark Salter from the NZDF. He made the initial contact with the Charity Hospital after reading about it in a New Zealand Dental Association newsletter.

NZDF has 18 civilian and uniformed dentists throughout the country who see their members regularly so their oral health is well-maintained. Some of the team are being deployed to Vanuatu in the near future and also to Taneatua on the East Cape to provide dental services to Tuhoe people.

"The 20 uniformed personnel will spend two weeks there staying in tents to help the local people. We like to be out in the community as much as

CABARET DINNER A DELIGHT

The Charity Hospital Cabaret was held late last year at Wigram Air Force Museum. On behalf of the Charity Hospital staff and volunteers I'd like to thank everyone who was involved with making the night such a success – all the sponsors, the businesses that donated auction items and those that celebrated the end of the year at the Cabaret, the fabulous team of volunteers from Cavell Leitch who helped on the night, the entertainment, the VBase staff and our committee of three who somehow made it all come together.

Thank you.

Fundraising Co-ordinator, Canterbury Charity Hospital



The Burnham dental team are (left to right) Private Nadine Nitschke, Lance Corporal Rebekah Salt, Kala Teale, Captain Joseph Foster and Lieutenant Hao Wu.

possible as a way of promoting what we do," said Dr Salter.

Hospital Chief Executive Carl Shaw said that he was grateful that the NZ Defence Force had offered to help with the dental clinics for WINZ clients and their involvement meant more people could be seen at the Charity Hospital.

"Their dentists also bring their own dental assistants which works really well."

Dr Salter said there may be opportunities in the future for other NZDF dentists to travel to Christchurch so they can also help out at the Charity Hospital.





SKIN CHECK DAY HUGE SUCCESS

A clinic organised by SkinCanNZ in conjunction with the Charity Hospital late last year was a huge success identifying seven potential melanomas out of the 278 skin lesion checks performed on the day.

SkinCanNZ was established by Leeann Marriott after she lost her brother Andrew to melanoma.

"New Zealand has one of the highest rates of skin cancer in the world and the demand for skin checks can't be met through the public health system due to a lack of dermatologists," Leeann said.

SkinCanNZ was looking for a venue to hold their inaugural mole skin-check day and the Charity Hospital was suggested. A date was decided, the day was fully booked via Facebook within 12 hours, and a team of volunteers, including eight dermatologists, worked in shifts at 14 work stations at the Charity Hospital.

"Manager Carl Shaw and the Charity Hospital team were amazing. It was so well organised and those that attended could donate to the hospital if they wanted to – making it a win-win for both of us.

COMMITMENT TO COUNSELLING

The Charity Hospital's commitment to helping as many Cantabrians as possible includes a free counselling service which grew as a result of the February 2011 earthquake.

"We knew straight away that there would be a significant need for accessible trauma counselling and we responded quickly with 56 clinical psychologists, psychiatrists and counsellors giving their time to help patients in need over those first six post-quake months", said Chief Executive Carl Shaw.

While the Charity Hospital's free counselling response was intended to be temporary, it still continues to this day and includes clients from the Road Traffic Accident Trauma Charitable Trust (RTATCT) which has an office at the Charity Hospital.

The RTATCT was founded in 2010 to provide education, counselling, advocacy and advice to those that have been affected by road traffic accident All the dermatologists were impressed with what we managed to achieve."

Both Leeann and the dermatologists were surprised to discover such a large number of potential melanomas within this sized group of people.

"We thought there wouldn't be any." All seven people were referred to their general practitioner for follow-up. A similar skin-check day is planned at the Charity Hospital for 2018 but will probably be targeted towards those who have a higher risk of skin cancer.



The volunteer team at the first skin-check day at the Charity Hospital.

related anxiety, depression and trauma which is largely an unmet need in the community.

The Trust organised New Zealand's first Road Accident Remembrance Day in Christchurch in 2016 and last year launched the Canterbury Road Trauma Awards. The Trust has worked with 80 families who have lost loved ones on our roads in Canterbury over the past two years as well as those in our community deeply impacted by road traffic related trauma.

The Trust has a new counsellor on board at the Charity Hospital who has over 20 years' experience as a front line emergency services responder. If you know anyone that may benefit from road trauma counselling services or would like to donate towards the Hospital's counselling services, please contact Sarah Dean, Founder on 027 324 0918

or roadtraffictrauma@xtra.co.nz.

More information about RTATCT visit www.roadtrafficaccidenttrust.org.nz.