### HOW TO HELP

With running costs of \$880,000 a year, the Canterbury Charity Hospital Trust does not receive any Government funding and relies solely on donations and the work of 300 amazing volunteers to provide its free services.

For every dollar donated, 82 cents goes directly towards treating the patient.

Please help us to help Cantabrians in need by completing the form on this page and posting it to us at PO Box 20409, Christchurch 8543.

You can also donate online, find out more about our services or how to volunteer at www.charityhospital.org.nz





RTATCT also provides community education to those affected by road traffic accident related trauma and works with industry professionals and government bodies to promote the prevention of road trauma in our community.

The Trust is holding a Road Accident Remembrance Day in North Hagley Park on Saturday 3 November 2018.

Everyone is welcome and more information is available at www.roadtrafficaccidenttrust.org.nz.

## Thank you...

The Trustees of the Canterbury Charity Hospital would personally like to thank the following for their generous and much-needed support: Bishopdale-Burnside Rotary, Good in the Hood, JI Urquhart Family Trust, J and M Ferrier Trust, Lois McFarlane Charitable Foundation, Mainland Foundation, Manchester Unity, Mauger Charitable Foundation, Pub Charity, Rata Foundation, Robert and Barbara Stewart Charitable Trust, SJ Charitable Trust, Southern Trust and St Joans Trust.

And to our local community, our volunteers and everyone else who supports us by making donations, beguests and helping us out with fundraising events.

#### I would like to support the Canterbury Charity Hospital OR donate online at to help Cantabrians in need. www.charityhospital.org.nz **MY DETAILS** Cheque enclosed (payable to Canterbury Charity Hospital Trust) I am paying by: FIRST NAME (please circle) SURNAME Card number Expiry date NO / STREET Name on card **SUBURB** Signature TOWN / CITY POST CODE Please send me information about Please do not add me to including The Canterbury Charity your mailing list or include TELEPHONE Hospital Trust in my Will me in acknowledgements. I would like to make a regular gift by Donations of \$5 or greater may EMAIL qualify for a tax rebate - an official receipt will be issued. Please find enclosed my gift of: (please circle) \$200 \$100 \$50 \$20 Other \$



Healing Hands

SPRING / SUMMER 2018

t: 03 360 2266 f: 03 360 2616 e: reception@charityhospital.org.nz

#### NZ ARMY TO PLAY AT GALA

The NZ Army Band is performing at this year's annual fundraising event - the Charity Hospital Gala - on Friday 30 November at the Air Force Museum of New Zealand.

"We are honoured that the NZ Army Band has agreed to support our fundraising event. They will be the highlight of what is always a fun-filled night out and a great way to celebrate the end of 2018 – and also raise funds for the Charity Hospital," said Rosie Graham, Fundraising Co-ordinator at the Charity Hospital.

"The NZ Army Band also performed at our 2015 event and everyone had such a great time. We are truly delighted to welcome them back."

The Charity Hospital Gala is the perfect no-stress solution to the problem of organising and end-of-year Christmas function for colleagues, clients or friends.

A table of 10 costs \$1800 (or \$180 per guest) for a three course plated dinner, dancing and an amazing



The NZ Army Band's performance will be a highlight of this year's fundraising event.

selection of auction items including accommodation, gift baskets and special wines.

Tickets can be purchased at the Charity Hospital website www.charityhospital.org.nz by clicking on the Gala slider or contact Rosie Graham at rosie@ charityhospital.org.nz if you would like to receive an invoice or require more information.

### **SERVICES RESPOND TO UNMET NEED**

Services provided at the Canterbury Charity Hospital continue to change and are frequently updated in response to unmet need within the region.

They currently include colonoscopy (acute and screening), gynaecology and women's health, general surgery (abdominal, rectal), oral surgery and dentistry, counselling (self-referral), orthopaedics (upper limb) and cataract surgery.

To be eligible to be seen at the Charity Hospital, patients have been turned down by the public health system, do not have medical insurance or the means to pay for their treatment privately. They also need a referral from their GP or dentist.

For more information and an up-to-date list of the current services please visit www.charityhospital.org.nz



### HOSPITAL CHOSEN AS 2019 CITY2SURF CHARITY

The Charity Hospital has been named as the charity for next year's City2Surf event run by Star Media.

Celebrating its 45th year City2Surf is being held on Sunday 24 March (rain or shine) and is made up of two courses – the longer 14km from Pioneer Stadium to Ferrymead and the shorter 6km from Hansen Park to Ferrymead Park.

Over the years the Star Media City2Surf has covered enough kilometres to run around the work 120 times and helped burn over 184,730,00 calories.

"The City2Surf is a great opportunity to not only increase the profile of the Charity Hospital as a local Canterbury charity but also to be involved with a massive community event which last year attracted around 12,000 entries," said Charity Hospital Chief Executive Carl Shaw.

"We also like the team aspect of the event as we are very much a team-based charity with over 300 volunteers all playing a part in providing our free services. We really appreciate that Star Media chose us as the charity for this major event."

Entries open on 1 December 2018 and more information is available at www.city2surf.co.nz.



Firemen competing at this year's event.



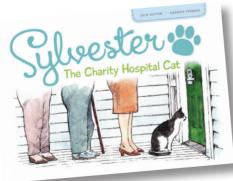
# SYLVESTER BOOKS THE PURRFECT CHRISTMAS GIFT

Most of our patients have already met Sylvester – he is usually found lying in the sun in the Canterbury Charity Hospital's waiting room or sitting at the front door until some kind person lets him in.

Illustrated by well-known cartoonist Garrick Tremain and written by local poet Julie Hutton, Sylvester features in two children's books which are sold to raise funds for the Charity Hospital.

"Sylvester is almost 20 years old and continues to have a very important part to play at the Charity Hospital," said Charity Hospital Executive Officer Carl Shaw.

Copies of both "Sylvester, The Charity Hospital Cat" and the sequel "Sylvester and the Intruder" can be purchased online for a special pre-Christmas price of \$10 online at www.charityhospital.org.nz.





#### INTRODUCING THE 'A' TEAM

Describing herself as a "serial volunteer", which includes 10 years as a nurse at the Canterbury Charity Hospital, has led Averill to her new position as Charge Nurse at the Bishopdale-based hospital.

Over the years Averill's voluntary roles have included delivering Meals on Wheels and helping out at her children's school and she encourages others to volunteer.

"Volunteering is part of who I am and I enjoy contributing to the wellness of our local communities. It's also a great way to meet like-minded people."

Born and bred in Christchurch, Averill's nursing experience includes major positions within private plastic surgery facilities, theatre work and outpatient clinics

"As Charge Nurse at the Charity Hospital my role includes supporting the volunteers so we can all work together to help Cantabrians in need. And to also encourage and develop the many relationships we have with other health-related organisations within the community."

Aside from her new role at the Charity Hospital and her volunteer work, Averill also enjoys continuing her tertiary education in many different fields including psychology and sociology and is currently studying geography at university.



The Charity Hospital A team (left to right):
Alice, Averill and Anita.

Alice has also joined the hospital's clinical team following education, intensive care and leadership roles within the public and private sectors. As a part-time Clinical Nurse Specialist she said she enjoys working at such a unique place which is committed to people in need.

"I'm driven by health equity and increasing best outcomes for patients. I also enjoy the variety of the work at the Charity Hospital and the opportunity to learn new skills, particularly around the oral surgery side of the services we provide."

Alice has her own resuscitation training business, Resuscitation Matters, and is kept busy with two young boys and six hens. Away from work she can be found in her garden or practicing the hula hoop.

Averill and Alice are joined by Clinical Nurse Specialist Anita to complete the nursing A team at the Charity Hospital.



#### **SAD NEWS**

It is with sadness that we learnt about the passing of Patsy Mauger.

The Mauger Charitable Foundation is a major benefactor of the Canterbury Charity Hospital Trust with two of our buildings - Patricia Mauger House and Warner Mauger House - named after Patsy and her husband Warner.

On behalf of the Charity Hospital's staff and volunteers, we send our sincere condolences to the Mauger family.

Philip Bagshaw

Chairman, Canterbury Charity Hospital Trust

www.charityhospital.org.nz www.charityhospital.org.nz