



HOW YOU CAN HELP

New Zealand is the only country that has featured in the top 10 for a decade for donating money, volunteering time and helping a stranger, according to the recent World Giving Index from the Charity Aid Foundation (2019).

Kiwis are a generous bunch with 65 per cent donating to charities and enjoy helping other people with 41 per cent volunteering and 64 per cent helping a stranger.

The generosity of Cantabrians is no exception both in terms of the number of volunteer hours and their charitable giving.

An interesting fact is that of those who volunteer, 70.3 per cent also make a donation compared to 49.9% of those who don't volunteer (Statistics NZ 2016).

The hospital does not receive any Government funding and also relies on fundraising events, donations, charitable organisations and bequests to raise the \$800,000 required to run its free services.

Without their 300 volunteers, including surgeons, dentists, anaesthetists, nurses, technicians, denture



makers, gardeners and support staff who all give generously of their time, this amount would be closer to \$2.6 million.

To donate to the Charity Hospital, find out more about the current services on offer or to enquire about gifting your skills visit the hospital website at www.charityhospital.org.nz or email reception@charityhospital.org.nz.

By the community – for the community

YES I WOULD LIKE TO SUPPORT THE CANTERBURY CHARITY HOSPITAL

First name _____ Surname _____

Address _____

Mobile _____ Email _____

Please find enclosed my gift of: (please circle) \$500 \$250 \$100 \$50 Other \$ _____

I am paying by (please circle) Visa Mastercard Cheque

Card number

Name on card _____

Signature _____ Expiry date _____

☐ Please send me information about including The Canterbury Charity Hospital Trust in my Will.

☐ I would like to make a regular gift by automatic payments.

☐ Please do not add me to your mailing list or include me in acknowledgements.

DONATE ONLINE
www.charityhospital.org.nz

Donations of \$5 or greater may qualify for a tax rebate - an official receipt will be issued.

PLEASE POST TO THE CANTERBURY CHARITY HOSPITAL, PO BOX 20-409, CHRISTCHURCH 8543 – THANK YOU!

HEALING HANDS

AUTUMN/WINTER NEWSLETTER 2020

FREE ENDOSCOPY SERVICE SAVES LIVES

A free endoscopy clinic for people aged under 50 with rectal bleeding run by the Canterbury Charity Hospital Trust is saving lives.

The clinic provides this vital screening procedure that is unaffordable for a large percentage of the population and has detected multiple and significant issues including patients who have already developed colorectal cancer.

"We see people who are at best living with uncomfortable conditions and at worst at risk of getting colorectal cancer," says Chairman Philip Bagshaw

"Our services would not be free without the commitment of volunteers, the majority of who are medical professionals from the (CDHB) and private practice, who regularly and generously offer their time to help others."

To continue to extend the endoscopy service, the building is undergoing a refit this year to include separate consultation rooms with improved privacy and access for both patients and staff along with a larger reception area. The other main reason is to comply with new legislation for separate cleaning areas which will require an addition at the back of the building.

With architects Ikon and construction experts Naylor Love on board again, the refit should be finished by October. During the building, the busy endoscopy clinics will continue to run from an adjacent building.



Clinical Nurse Anita Tuck runs the Endoscopy clinics.

WHAT WE DO

Based in Harewood Road, Bishopdale, the Canterbury Charity Hospital was established in 2007 and provides a range of services for Cantabrians in need who have been turned down by the public health system.

To be eligible patients do not have medical insurance or the means to pay for their treatment privately along with a referral from their general practitioner or dentist.

The hospital's services and treatments are frequently updated depending on need and currently include colonoscopy (acute and screening), gynaecology and women's health, general surgery (abdominal, rectal), oral surgery and dentistry, counselling (self-referral), orthopaedics (upper and lower limb), cataracts and urology.

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Volunteers dental assistant Heather Tayler and dentist Viv Levy receive the defibrillator from Resuscitation Matters' Alice Brown.

DEFIB DONATED

A new AED defibrillator is a welcome addition to the Charity Hospital's dental clinic and oral surgery.

While the other two buildings for general surgery and endoscopy screening have a more advanced version while the donated AED is designed to be used by anyone and is the definite treatment for cardiac arrest, says Alice Brown, who owns Resuscitation Matters and donated the defibrillator to the Charity Hospital.

"I wanted to donate this type of defibrillator because it needed to be easy to use, readily available and portable." Alice says she is grateful to the Charity Hospital for collaborating with Resuscitation Matters.

THANK YOU

The Trustees of the Canterbury Charity Hospital would personally like to thank the following for their generous and much-needed support: Air Rescue and Community Services, Avonhead Rotary, Bishopdale-Burnside Rotary, Bob and Ingrid Butcher, Christchurch City Council's Strengthening Communities Fund, Christchurch South Lions Club, Good in the Hood, Ivoclar Vivadent, JI Urquhart Family Trust, Jack and Marjorie Ferrier Trust, Lois McFarlane Charitable Foundation, Mainland Foundation, Manchester Unity, Pamela Webb Charitable Trust, Perpetual Guardian, Police (Southern Comms), Pub Charity, SJ Charitable Trust, St Joans Trust, Star Media, Stewart Charitable Trust, supporters of our annual fundraising event and Tait Foundation.

PROFESSIONAL VOLUNTEERS KEY TO FREE SERVICE



Volunteer surgeon Ramez Ailabuni has recently joined the Charity Hospital team.

Orthopaedic surgeon Ramez Ailabuni has recently joined the volunteer team of surgeons at the Charity Hospital and is one of 300 professionals who donate their time to the hospital.

New Zealand trained, most of his medical

career has been in Christchurch although he has recently returned from three years overseas where he gained international experience in his areas of subspecialty interest (paediatrics and hip preservation/replacement).

Ramez says his inspiration to volunteer at the Charity Hospital is because he believes in the care they provide for the local community.

"There's significant unmet need and inequity of outcomes for some patients in our community, and the Charity Hospital endeavours to address these two significant issues. I'm also Christian, and the Charity hospital helps me carry out the Christian philosophy of serving others."

In addition to his medical degree, Ramez, who works privately and at the Canterbury District Health Board, also has a Postgraduate Certificate in Clinical Teaching and is kept busy as a senior lecturer in undergraduate medical education for the University of Otago.

Ramez plans to volunteer at the Charity Hospital every month or so treating orthopaedic conditions such as hammer toe and bunions for patients who have been turned down by the public health system.

"I think the Charity Hospital is a Christchurch taonga (treasure). We're so lucky to have it, and I'm very grateful for the work it does providing

surgery for those that need it most and are without other options."

Ramez is a fellow of the Royal Australasian College of Surgeons (FRACS) and is married with three children.

According to Volunteering New Zealand about 21.5% of New Zealanders volunteer contributing a total of around 60 million hours of volunteer labour each year. Those in professional occupations are more likely to volunteer than those in non-professional occupations: 23% of professionals and managers, versus 16% of labourer and machine operations. The median amount of time spent volunteering per person per year is 40 hours.

BUNNINGS HELP OUT



The team from the new Bunnings at the airport came to the Charity Hospital to provide a helping hand with the hospital's community garden. A fresh coat of paint and some new plants for both inside and outside made a huge difference. Thank you Bunnings. Pictured (left to right) are the helping hands Rebecca Bailey, Aaron Karauria, Jacoba Kinley, Pauline Koloamatangi, Roy Duyndam and Stevie Wilson.