

Acne Scarring Clinic - Canterbury Charity Hospital

General Practitioners can now refer patients with acne scarring for treatment at the Canterbury Charity Hospital. The clinic is for those patients who have completed acne treatment and the acne is no longer active.

This clinic is not an acne treatment clinic although an exception may be made in rare instance such as Acne Fulminans where the General Practitioner is unable to get the patients acne under control.

Criteria for referral.

The following criteria need to be met.

1. The patient has been treated for acne which had now resolved but left acne scarring. Facial scarring will take priority in the clinic.
2. The General Practitioner has completed the 'ACNE IMPACT ASSESSMENT' form (see below).
3. The patient is open to medical or surgical treatment of their acne scars and does not wish to rely on 'natural' or other non-medical /surgical remedies.

Treatments

Treatments will be performed by Dr Grant Bellaney a surgical Dermatologist. Facial acne scarring will take priority over trunk scarring. Available treatments will include intralesional injections, chemical peels, local excision, volume replacement (via fillers or Autologous fat) and Laser Resurfacing.

How to refer patients

A referral for consideration of acne scarring treatment **needs to include ALL the following:**

1. Confirmation of when the patient completed their acne treatment, the dose, the course length and course cessation date e.g. this patient had Isotretinoin at a dose of 20 mg/day for 24 months and completed this in July 2021.
2. Completion of the Acne Impact Assessment form by the patient's General Practitioner
3. At least 2 photos of the acne scarring.

ACNE IMPACT ASSESSMENT FORM

Patient details Label	One tick per answer	Always	Very Often	Often	Sometimes	Rarely	Never	N/A
	Score	5	4	3	2	1	0	0
1. Have you felt put down because of your acne?								
2. Have you felt worried about your future because of your acne?								
3. Have you avoided having your photograph taken because of your acne?								
4. Have you felt worried about meeting someone for the first time because of your acne?								
5. Have you felt anxious about kissing someone for the first time because of your acne?								
6. Have you felt ashamed because of your acne?								
7. Have you felt that other people stare at you because of your acne?								
8. Do you feel lonely because of your acne?								
9. Have you found it difficult to concentrate because of your acne?								
10. Have you felt angry because of your acne?								
11. Have you felt discouraged because of your acne?								
12. Have you lost confidence because of your acne?								
13. Have you felt uneasy because of your acne?								
14. Have you felt worried about being out in public because of your acne?								
Notes:	Total							
	Grand Total							