



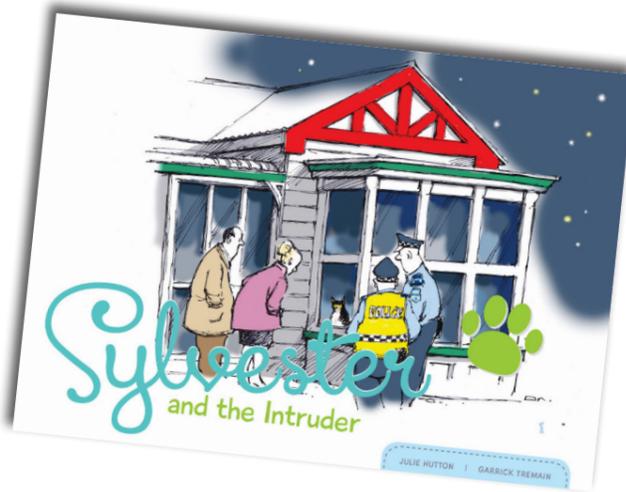
### HOW TO HELP

There are many ways that you can donate to the Canterbury Charity Hospital including:

- Internet or phone banking using your Donor Number
- EFTPOS at the Charity Hospital reception (349 Harewood Road, Bishopdale)
- Credit card donations at [www.charityhospital.org.nz](http://www.charityhospital.org.nz) or by phoning the hospital during office hours at 03 360 2266 with your credit card.
- Complete the form below and post it to Canterbury Charity Hospital, PO Box 20-049, Bishopdale, Christchurch 8543.



The QR code (right) links directly to the donations page on the Charity Hospital's website. Please email [rosie@charityhospital.org.nz](mailto:rosie@charityhospital.org.nz) if you need a Donor Number.



Illustrated by well-known cartoonist Garrick Tremain, the children's book "Sylvester and the Intruder" is now on sale for \$5 including postage and can be bought from the Charity Hospital's website [www.charityhospital.org.nz](http://www.charityhospital.org.nz). Sylvester was well-known to patients and staff alike and was a friend of the hospital for over 20 years, originally living next-door until he was adopted by the Charity Hospital when his owners moved.

### THANK YOU

The Canterbury Charity Hospital trustees would like to thank their amazing donors, the local community and the following organisations for their generous and much-needed support: Avonhead Rotary, Ivoclar Vivadent, JI Urquhart Family Trust, Lois McFarlane Charitable Foundation, Manchester Unity, Perpetual Guardian, Pub Charity, SJ Charitable Trust, St Joans Trust and the Tait Foundation.

### YES I WOULD LIKE TO SUPPORT THE CANTERBURY CHARITY HOSPITAL

First name \_\_\_\_\_ Surname \_\_\_\_\_

Address \_\_\_\_\_

Donor number CCHT \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Please find enclosed my gift of (please circle) \$500 \$250 \$100 \$50 Other \$ \_\_\_\_\_

I am paying by (please circle) Visa Mastercard

Card number

Name on card \_\_\_\_\_

Signature \_\_\_\_\_ Expiry date \_\_\_\_ / \_\_\_\_ CVC Number \_\_\_\_\_

Please send me information about including the Canterbury Charity Hospital Trust in my will.

I would like to make a regular gift by automatic payment.

Please do not add me to your mailing list or include me in acknowledgements.

**DONATE ONLINE**  
[www.charityhospital.org.nz](http://www.charityhospital.org.nz)

Donations of \$5 or greater may qualify for a tax rebate - an official receipt will be issued.

PLEASE POST TO THE CANTERBURY CHARITY HOSPITAL, PO BOX 20-409, CHRISTCHURCH 8543 – THANK YOU!



# HEALING HANDS

AUTUMN/WINTER 2022

## DERMATOLOGY AND LAPAROSCOPIC HERNIA REPAIRS NEW TO HOSPITAL

The Canterbury Charity Hospital continues to update its services this year including dermatology for young people and hernia repairs using laparoscopic equipment.

Hernia referrals have increased over the past few months as the public health system has once again stopped providing this treatment.

Historically patients underwent open hernia repairs (surgery) but it is now a more common practice to offer laparoscopic hernia repairs.

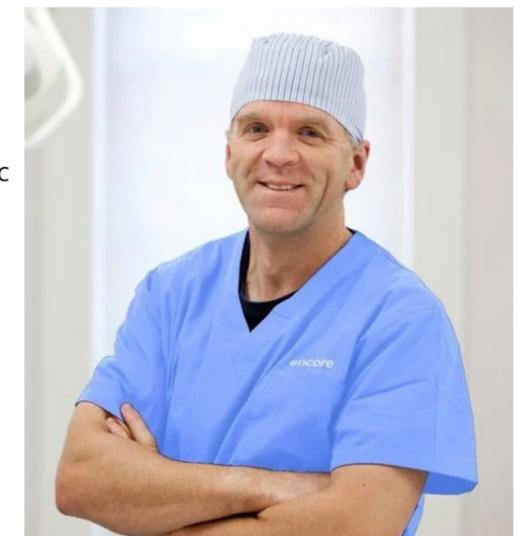
"Patients are able to recover and mobilise quicker and have less pain from smaller incisions," says clinical nurse manager Averill Williamson.

Treatment of scarring as a result of severe acne in young people is another new service and will be provided at the hospital by volunteer dermatologist Grant Bellaney.

"For some people scarring has a huge impact on their lives and there are a number of medical and surgical treatments (such as laser resurfacing and fat transfer) that I'm hoping to offer," says Grant.

These patients can be seen at the Charity Hospital if they can't access the public health system, have a referral from their general practitioner and don't have the financial means to access their treatment privately.

For an up-to-date list of the Charity Hospital's services visit [www.charityhospital.org.nz](http://www.charityhospital.org.nz).



Volunteer dermatologist Grant Bellaney.

## THANKS ILAM TOYOTA

Ilam Toyota has very generously donated a new vehicle for lease to the hospital to replace their aging vehicle.

"We are very grateful to have such a modern vehicle to use for transporting patients and equipment as well as assisting us with fundraising," says Carl.

"We are really excited to have the opportunity to support Canterbury Charity Hospital, and the incredible work they do for our local community. Their new RAV4 GX will provide the team and patients with a safe and reliable method of transport. We are very proud to help out such a worthy cause," says Ilam Toyota branch manager Paul Taylor.



Ilam Toyota sales manager Elize De Goede hands over the keys for the RAV4 to Carl Shaw from the Charity Hospital.

Donate at [www.charityhospital.org.nz](http://www.charityhospital.org.nz)



“ **AMAZING DOCTOR AND APPRECIATED USING  
NORMAL DAY LANGUAGE .... KEEP UP THE GREAT  
WORK FOR THE COMMUNITY** ”

*Endoscopy patient*

### **CLINICAL NURSE FAMILIAR FACE**

Clinical nurse specialist Liz May is a familiar face to patients visiting the hospital, whether she is in her uniform or scrubs. She works in all areas of the Charity Hospital including dental, endoscopy and general surgery.

She has previously worked as an emergency nurse and in a fracture clinic and started volunteering in June 2020 before becoming a part of the staff six months ago.

Liz says she enjoys the variety of work at the hospital.

“There are a lot of new things to learn and I’m loving the new challenges. Important skills in this job are being able to adjust to different clinical situations and roles, to think outside the box and to be flexible,” she says.



*Clinical nurse specialist Liz May.*

### **NEW RECEPTION AREA AND ENTRANCE**

The Charity Hospital team of volunteers is looking forward to having their own dedicated space to catch up with each other once renovations to the new building on the corner of Harewood Road and Leacroft Street are completed.

The building will also become the new entrance to the hospital off Harewood Road and provide a much more spacious reception area with additional administration space.

The Canterbury Master Plumbers Association has come on board to provide all the plumbing, drainage, installation and flatware for free to help cover their costs.

“We knew the hospital was struggling with the expense of the renovations and decided unanimously that we and our business partners would love to help out such an awesome local charity,” says association president Mike Diver.

The renovations contracted to Naylor Love and overseen by IKON Architects will be completed by the end of August.



### **FUNDRAISING BALL POSTPONED**

The Charity Hospitals annual fundraising event has had to be postponed again due to Covid-19.

The new date is Friday 2 December, 2022, and the venue is the Limes Room at the iconic Christchurch Town Hall.

“Our annual fundraising evening is always a fun night and helps us raise the \$900,000 we need each year to help Cantabrians access the services they need,” says Rosie Graham, fundraising coordinator.

Tickets will be available for sale online at [www.charityhospital.org.nz](http://www.charityhospital.org.nz) from 1 July 2022 but feel free to contact [rosie@charityhospital.org.nz](mailto:rosie@charityhospital.org.nz) in the meantime if you have any queries or would like to donate an auction item.



*Wayne Lovell and Russell Saunders have volunteered as gardeners for over 13 years between them.*

### **GARDENERS CREATE BEAUTIFUL SPACE**

Gardener Wayne Lovell started volunteering at the Charity Hospital eight years ago when there were just two buildings and the garden was only at the front of the hospital. Now with five buildings his workload has increased considerably and, for the last five years, he has been helped by hospital neighbour Russell Saunders.

Not only does Wayne volunteer at the hospital but his wife Helen has been helping out as a nurse in the Endoscopy clinic for 11 years.

Russell enjoys working at the Charity Hospital two to three times a week and keeping busy during his retirement.

“As a retiree I have the time to help with the gardening at the hospital. It’s an enjoyable way to give time to a very good charity and it also helps me keep active and meet new people,” says Russell.

### **VOLUNTEERS ENABLE FREE SERVICES**

The Charity Hospital treats people with the greatest need who cannot access publicly funded treatments nor have enough money to pay for their treatment privately.

The team of 300 volunteers at the Charity Hospital enable them to continue to provide their free treatments and surgery - without any Government funding.

Surgeons, dentists, anaesthetists and nurses often have to take time out of their regular jobs to help out at the hospital and many are there every week.

The hospital’s currently provides: Colonoscopy (acute and screening); Gynaecology and women’s health; General surgery (abdominal, rectal including hernias); Oral surgery and dentistry; Orthopaedics (upper and lower limb); Cataracts; Dermatology; Dietetics and Urology.

New volunteers are always welcome, particularly those with clinical skills, to complement the current team. If you would like to gift your skills then please visit the hospital website [www.charityhospital.org.nz](http://www.charityhospital.org.nz) or email [reception@charityhospital.org.nz](mailto:reception@charityhospital.org.nz).