

HOW TO HELP

There are several ways that you can donate to the Canterbury Charity Hospital:

- Internet or phone banking to 02 0800 0190893 00.
- EFTPOS at the Charity Hospital reception (349 Harewood Road, Bishopdale)
- Credit card donations at www.charityhospital.org.nz or by phoning the hospital during office hours at 03 360 2266.
- Complete the form below and post it to: Canterbury Charity Hospital, PO Box 20-049, Bishopdale, Christchurch 8543.



YES I WOULD LIKE TO SUPPORT THE CANTERBURY CHARITY HOSPITAL

First name _____ Surname _____

Address _____

Donor number CCHT _____

Phone _____ Email _____

I would like to donate (please circle) \$500 \$250 \$100 Other \$

I am paying by (circle) Visa Mastercard Internet banking: The Canterbury Charity Hospital Trust 02 0800 0190893 00

Card number

Name on card _____

Signature _____ Expiry date ____ / ____ 3 digit number _____

Please send me information about including The Canterbury Charity Hospital Trust in my will.

I would like to make a regular gift by automatic payment.

Please do not add me to your mailing list or include me in acknowledgements.

Please post to the Canterbury Charity Hospital, PO Box 20-409, Christchurch 8543 or donate online at www.charityhospital.org.nz - thank you!

INTERNET BANKING

The Canterbury Charity Hospital Trust
02 0800 0190893 00



CANTERBURY
CHARITY HOSPITAL
TRUST

"By the Community - For the Community"



HEALING HANDS

AUTUMN/WINTER 2025

MAKING A DIFFERENCE TOGETHER

The Charity Hospital continues to provide free services thanks to the unwavering support of an incredible team of volunteers.

Surgeons, dentists, nurses, anaesthetists, administrators and receptionists, gardeners, dietitians, technicians, fundraisers and health care assistants generously offer their time and expertise to ensure the hospital can continue providing free services to those in need.

"We have over 280 volunteers who give their time freely to help those in the community who have

fallen through the cracks of our ailing public health system," says Phil Bagshaw, chair of the Charity Hospital Trust.

"Together, we can continue to make a positive impact where it is needed most."

Supported by just four full-time staff, all these amazing people enjoy being able to make a tangible difference in people's lives.

People who are keen to volunteer can email reception@ccht.org.nz or visit www.charityhospital.org.nz.

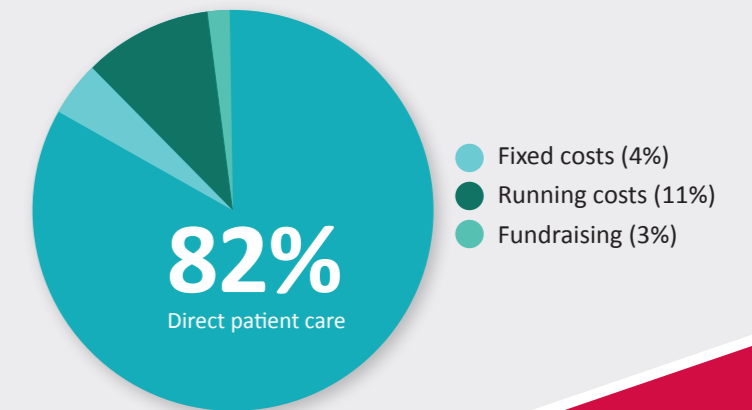
LOCALS LUCKY TO HAVE CHARITY HOSPITAL

People living in Canterbury and the West Coast are very lucky to have a charity hospital where they can access free services that are not provided through the public health system.

The Charity Hospital has grown substantially in 20 years to become an integral and essential provider of free health services to the regions' residents.

The Charity Hospital does not receive any government support and spends around \$1.4million annually to cover its operating costs. Without the substantial contribution of the hospital's volunteers this amount would be closer to \$2.6 million.

Minimal overheads means the hospital's patients received 82 cents in every dollar donated.



Donate at www.charityhospital.org.nz

“ THANKS TO ALL WHO WERE INVOLVED WITH MY CASE. CANTABRIANS ARE VERY LUCKY TO HAVE A SERVICE SUCH AS THE CHARITY HOSPITAL. ”

Gynaecology patient

EXPANDING THEIR REACH

Clinical research and education have always been integral to the Charity Hospital's work in the community. This new venture will continue that legacy on a larger scale, ensuring they can make an even greater difference in people's health outcomes nationally.

The Charity Hospital is expanding again and the purchase of a neighbouring property in Harewood Road will now become a clinical skills training centre.

In recent times discussions about the future direction of the Charity Hospital have centered around how to increase the number and types of health professionals

needed to continue providing free life-saving endoscopies at the hospital.

The hospital sees people aged up to 59 years who are not seen by Health NZ's endoscopy service.

"We have discovered an increasing number of younger people with cancer and abnormalities," says clinical nurse specialist Tricia Milne.

The new clinical skills training centre will provide advanced training for health professionals. The space will also be available for free to other community and non-profit groups.

DIETITIANS CONCERNED ABOUT UNMET NEED

Many people are unaware that the Charity Hospital offers a comprehensive dietetic service, addressing a wide range of health issues for those who are not seen in the public health system.

The dietitians donate their time and expertise to provide essential nutrition advice and treatment in areas such as weight management, malnutrition, pre-diabetes, cardiovascular disease, cancer, irritable bowel syndrome and women's health. Patients are referred by their general practitioners or from within the hospital.

The hospital currently has five dietitians generously donating some of their spare time, both in person and online and aim to expand this team as the year progresses.

"As allied health workers, we are committed to supporting the incredible work already being done at the Charity Hospital. Early lifestyle intervention can significantly reduce the future burden on the health system" says dietitian Lea Stening.



Dietitians (left to right) Leigh O'Brien, Claudia Vavasour, Lea Stening, Fiona Kendall and Maggie Copeland with Justin Augustine and Averill Williamson from the Charity Hospital.

"We recognise the vast inequities within society and we are proudly committed to delivering evidence based nutrition advice to those who are unable to access private services or do not meet the tight referral criteria of publicly available dietitians.

"Our advice can make a huge improvement to the quality of life of people and in some instances such as pre-diabetes can reverse the disease process entirely."

WELCOME TO THE NEW NURSES

New to the staff this year are clinical nurse specialists Justin Augustine and Tricia Milne. Both will work within all areas of the hospital including general surgery, endoscopy and dental care.

Justin has previously worked at Greymouth Hospital for 11 years as a theatre nurse. His extensive experience and dedication to helping others make him a valuable asset to the Charity Hospital.

"I enjoy making a big change in someone's life," he says.

Justin is thrilled to continue this passion at the Charity Hospital and is looking forward to being part of a small close-knit team.

"We work across the hospital, so every day is different. It's a very sociable friendly place to work and I'm a people person so I'm definitely in the right place."

Tricia Milne also brings a wealth of experience, having worked for six years at Southern Endoscopy. She discovered the Charity Hospital through her volunteer work and is now excited to be a part of our team.

Tricia appreciates the camaraderie and the dedication of the many volunteers.

"I like that so many people give their time to help those in need, and everyone is here because they want to be – from the receptionists to the gardeners, to the clinical volunteers. It's a level playing field here."

Although primarily responsible for endoscopy, Tricia is eager to learn new skills across the various surgical and medical treatments provided at the hospital.



Justin and Tricia have recently joined the Charity Hospital staff as clinical nurse specialists.

“ LOVELY PEOPLE. GREAT WORK. THANK YOU FOR HELPING ME. ”
Orthopaedics patient

WHO WE HELP

Patients seen at the hospital need a referral from their family doctor or dentist. They must also have been turned down by the public health system, not be covered by ACC and not have medical insurance. Additionally, they must not have the funds to pay for their treatment privately.

The hospital's day services and treatments are regularly updated, depending on demand and volunteers services and currently includes endoscopy; gynaecology; general day surgery; oral surgery and dentistry; orthopaedics; cataracts; dermatology; dietetics and urology.

STRICT GUIDELINES FOR DENTURES

A denture service is now available at the Charity Hospital, thanks to dentists volunteering their time.

"We have very strict guidelines on who can access this service, mainly because we couldn't cope with the demand," says dental co-ordinator Jane Shaw.

Dentures will only be provided if the patient:

- Is a Charity Hospital dental patient who fits the hospital's WINZ criteria;
- Is a Charity Hospital dental patient who fits the hospital's criteria, has finished their treatment but requires dentures;
- Is a Christchurch City Mission client; or
- Has been referred to the Charity Hospital by Christchurch Hospital's dental service who have extracted their teeth, and they require dentures.